

Characteristics of the disciplines of the snowboard

Technical high-level are the necessary ingredients to practise the Snowboard.

The Olympic specialties of the Snowboard are:

- Parallel, male and female giant slalom.
- Half Pipe, male and female.
- Snowboard Cross, male and female

Parallel giant slalom

The giant slalom is a specialty in which two competitors that go down on the same footstep placed side by side on two parallel runs compete. The layouts, the configuration of the ground and the preparation of the snow have to be the more possible identical. The gradient between the departure and the arrival, has to be among the 120 - 200 ms. The competition is preceded by a manche of qualification: the first 16 classified they are faced in two manches to inverted runs. The good general time overcomes the turn. Every manche has a "penalty time" for the one who doesn't conclude the test or it goes out of the layout. To parity of penalty time goes on who is imposed in the second manche.

Half Pipe

The layout is a half pipe of snow, a toboggan innévato to form middle cylinder, half pipes note, long around 120 ms, with a 15-17% inclination. The technical carrying out of the test is given by the ability of the athlete to go out of the side walls and to reenter doing you in air be-seven evolutions, calls exits exploiting the whole length of the pipes. Every athlete chooses a musical base for his/her own performance. The judges of the half pipes are 5 and each of their currency an aspect of the test: 1. astute manoeuvres without rotation; 2. rotations; 3. height of the manoeuvres; 4. ampleness of the manoeuvres; 5. quality; technique of the execution of the test. The first 6 women and ten men with the tallest score in the two tests (run) of qualification, they access the ending, also it constituted by two runs: the good score in one of the two tests determines the winner and the final classification.

Snowboard Cross

Are necessary both acrobatic dowries that of alpine technique. To Turin 2006 will debut in the Olympic program. The run is composed from more sections: whoops (humps), waves (so that), banks (parabolic) and kicker (jumps of different manner). The layout is delimited by blue triangular directional doors and redheads mails to point out the layout and the entry on the obstacles. The competition departs with the qualifications to time when he goes down alone. The first 32 times are admitted in final, distributed in heat (batteries) of 4 competitors that go down at the same time. They pass the turn the first two, up to the endings to assign the platform.

About the Author

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